



Client Notes FOR CLIENT FILE

Client Name:

Date:

Session #:

SUBJECTIVE: <i>What the client shares with you</i>	
Previous Medical History:	Client Goals:
Presenting Conditions:	
OBJECTIVE: <i>Note what you observe</i>	
Annamaya (Physical)	Pranamaya (Energetic)
Manomaya (Mental/Emotional)	Vijnyanamaya/Anandamaya (Connection to self and others/spirit)
ASSESSMENT: <i>Key highlights of each kosha, gunas, prana vayus, yamas/niyamas, etc.</i>	
ADDITIONAL NOTES:	
PLAN OF CARE: <i>List practices in order of sequence (use other side if need)</i>	
FOLLOW-UP APPOINTMENT:	